

PARENT/GUARDIAN PERMISSION to PARTICIPATE in RESILIENT TEEN PROJECT

Dear Parent/Guardian:

Please fill out the information on the second page to give permission for your teen to participate in the Resilient Teen Project. This is a partnership between Augusta University and Family Connection that is designed to create positive connections between your teen and AU medical students and build resiliency skills to help youth deal with the stress created by COVID19. Go to www.resilientteens.org to learn more.

We will be collecting some basic information from your teen that will be used to tailor the program to your teen's interests. A survey will be sent to your teen once we have your permission to do so. The format for this project is as follows:

Weekly 1.5-hour virtual meetings through Zoom with AU medical students leading the sessions and facilitating discussions with small groups. Teens will be organized by age in the small groups. About mid-way through the program there will be a discussion about suicide and mental health. We want you to be aware since that is a sensitive subject. We are including this topic because suicide has been increasing during the pandemic and we want to help teens who might be experiencing despair to learn ways to strengthen their mental health. We will allow students to opt out of this session if they so choose. We also have additional mental health resources available for students who need them.

(Students from 14 counties will be participating: Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, and Wilkes)

To participate, students will need access to a computer connected to the internet. If this is a barrier for your student, please contact Julie Miller at juliem@gafcp.org or call 706.829.7868. She will work with you to overcome this obstacle.

Your teen will also need a functioning email address as that will be the way the incentive is sent along with weekly communications from the instructors.

The time frame for this project is: February 15-March 29. The final session will be held Thursday, April 1, so that the sessions will be completed prior to spring break. If teens attend all 8 sessions, complete the required surveys and actively engage in the discussions (camera and audio on) they will receive a \$100 Amazon gift card.

We plan to do a report at the end of the project that will be shared with you and your teen. As part of this, we would like permission to use a picture of your student in the report. If you do not want a picture of your child to be used, please indicate below. The report will be shared with funders and partners.

If you have questions, please feel free to call Julie Miller, regional manager for Georgia Family Connection Partnership (Region 7) at 706-829-7868 or email juliem@gafcp.org. We look forward to working with your teen. Julie Miller

The form is on the next page.

PERMISSION FORM FOR RESILIENT TEEN

Teen Name: _____

School: _____

Age: _____ Grade: _____ Gender: _____

Race: _____

I, _____, give permission for my teen to participate
Parent Name (printed)

in the Resilient Teen Project and to provide the necessary access to a computer and the internet, understanding the risk associated with online communication. All care will be given to protect your child's personal information as part of this project.

I also give my permission for my child's picture to be used in the Resilient Teen Project final report. _____ Yes _____ No (please check yes/no) I expressly release Augusta University or Georgia Family Connection from any liability arising in any way from my child's participation in this volunteer project. You may revoke this permission at any time in writing.

Signature/Date

If at any time you have a question or concern about this program, please contact Julie Miller at juliem@gafcp.org or Dr. Kimberly Loomer at kloomer@augusta.edu.

Dr. Kimberly Vess Loomer
Associate Dean for Learner Well-being
Associate Professor, Psychiatry & Health Behavior
<http://www.augusta.edu/mcg/students/>

Julie K. Miller, MPA

Georgia Family Connection Partnership

Regional Manager

East Central Georgia – Region 7

www.gafcp.org